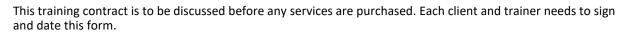
MINOT STATE UNIVERSITY STUDENT WELLNESS CENTER PERSONAL TRAINING CONTRACT





Print Client Name		Print Personal Trainer Name	Print Personal Trainer Name	
Client Signature	Date	Personal Trainer Signature	Date	
		/ellness Center programs. Selling or promoting any ary action up to and including termination.	other program is not	
Any trainer who does termination.	not show up for a scheduled a	appointment will be subject to disciplinary action u	ip to and including	
		property of the MSU Wellness Center and must re om removing such information from the Wellness		
training sessions within the		non-refundable. Medical conditions, which prohib may result in a refund of unused sessions. Written e year of the purchased date.		
All personal training o additional payment for thei		with the MSU business office. Trainers may not ac	cept any direct or	
and/or the trainer, there me	ust be a written explanation o	eave of time for vacation, emergency situation, etc of the situation and proposed accommodations sub etion, extension of the package may be granted.		
		e mutually agreed scheduled appointment betwee time will be deducted from his/her hour-long sess		
	only be conducted by current services within the MSU Well	MSU Wellness Center Personal Training staff. Othe Iness Center.	er personal trainers are not	
		e-to-one (one trainer, one client). Group personal ner ratio depending on the package purchased.	training sessions must be	
	less a prior agreement was dis	s prior to the scheduled session, the client understa scussed with the trainer). Likewise, a "no show" co		
made by calling the trainer	directly or by calling the fitnes	imum of 24 hours prior to the scheduled session. C ss desk during regular Wellness Center hours of op e mutual availability of the client and trainer.		
Training sessions will b	be between 45 minutes and a	maximum of 60 minutes in length per day.		
locations to include places s	such as the Herbert Parker Foo	he MSU Wellness Center. This means that training otball Stadium, campus green space, or walking pa ance of the location and the packages are being tra	ths. Outdoor personal	
program parameters. If it is for coronary heart disease,	determined that the client habased upon criteria set forth l	y services to participants who may not be able to eas responded "yes" to a question on the PAR-Q or to the American College of Sports Medicine, he/sh vices from the MSU Wellness Center.	two or more risk factors	
		bers. If a member does not have enough time on tecompleted until membership status is active.	heir membership to	